



Bishop Robert Barron's Video's

## The Mass Thursdays ♦ 10:30AM Parish Meeting Room

Each Video will walk through the Liturgy with Bishop Barron. Come be transformed through insights on this most privileged and intimate encounter with our Lord, Jesus Christ, See how the Mass brings us out of the fallen world and into the heavenly realm, how it revolves around a call from God and a response from his people, the Church, and most importantly, how we are intimately joined with the Body, Blood, Soul and Divinity of Jesus through the Holy Eucharist.



### Adoration Tips

Pray (with a little help)

**Write in a prayer journal.** *Writing in a prayer journal is a great way of making your relationship with God seem more tangible, since we're getting the words out of our heads and onto the paper. Think of a practice as writing a letter to God. Take all your worries of the day and lay them down during Adoration Or write to him about everything that's going well in your life right now.*

### Interested in knowing more about the Eucharistic Pilgrimage, Marian Route?

The northern arm of the Eucharistic Pilgrimage will depart from the headwaters of the Mississippi and descend through the Midwestern United State, pass through Wisconsin and Illinois and meet up with the other three pilgrimage routes to Indianapolis at the 10th National Eucharistic Congress.

Check out ways you can walk all or some of this Marian Route and be a part of this historic journey!



## THE FOUR ROUTES

### MARIAN ROUTE (NORTH) STARTING LOCATION: Mississippi Headwaters, Lake Itasca, MN

Departing from the headwaters of the Mississippi, the northern arm of the Pilgrimage will descend through the Midwestern United States, pass through Wisconsin and Illinois, and meet up with the other three pilgrimage routes at the Congress in Indianapolis. Below are the dates and locations of the Minnesota portion of the Marian Route.

May 17 / Sandford Center, Bemidji, MN  
May 19 / Lake Itasca Region Pioneers Farm, Shelvin, MN  
May 19 & 20 / St. Theodore of Tarsus Catholic Church, Laporte, MN  
May 20 / St. Agnes Catholic Church, Walker, MN  
May 20 & 21 / St. Joseph Catholic Church, Grand Rapids, MN  
May 21 / Mary Immaculate Catholic Church, Bovey, MN  
May 21 & 22 / Cathedral of Our Lady of the Rosary, Duluth, MN  
May 22 / Mora JC Baseball Fields, Mora, MN  
May 22 / Sts. Peter & Paul Catholic Church, Gilman, MN  
May 23 / Our Lady of Lourdes, Little Falls, MN  
May 23 / St. Mary's Catholic Church, Little Falls, MN  
May 23 / St. Mary of Mount Carmel, Long Prairie, MN  
May 23 / Our Lady of the Angels, Sauk Centre, MN

May 23 / St. Paul's Church, Sauk Centre, MN  
May 23 & 24 / St. Mary's Cathedral, St. Cloud, MN  
May 24-31 / Archdiocese of Saint Paul & Minneapolis, St. Paul, MN  
May 31-June 1 / Pax Christi Catholic Church, Rochester, MN  
June 2 / Co-Cathedral of St. John the Evangelist, Rochester, MN  
June 2 / Rochester Mayo Civic Center, Rochester, MN  
June 2 & 3 / St. Francis of Assisi Catholic Church, Rochester, MN  
June 3 & 4 / Holy Redeemer Catholic Church, Eyota, MN  
June 4 & 5 / St. Charles Borromeo Catholic Church, St. Charles, MN  
June 5 / St. Rose of Lima Catholic Church, Lewiston, MN  
June 6 / Cathedral of the Sacred Heart, Winona, MN  
June 7 / Church of the Crucifixion, La Crescent, MN

To see the rest of the Marian Route go to <https://www.eucharisticpilgrimage.org/marian-route>

ST. ELIZABETH ANN SETON ROUTE (EAST) STARTING LOCATION: New Haven, CT

ST. JUAN DIEGO ROUTE (SOUTH) STARTING LOCATION: Brownsville, TX

ST. JUNIPERO SERRA ROUTE (WEST) STARTING LOCATION: San Francisco, CA

## The Eucharist is life-giving. An invitation. Encouraging. Transformative. Miraculous.

### We are People of the Eucharist. By Matthew Kelly

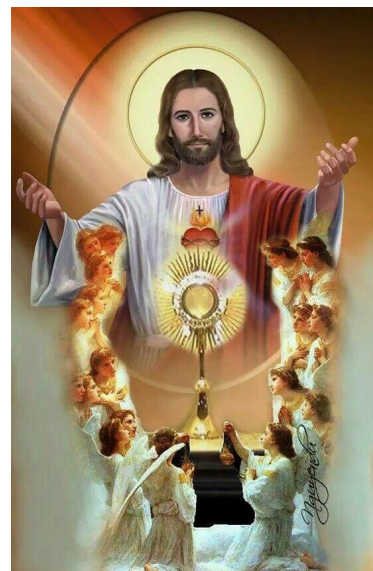
Jesus didn't promise an easy life, but for 2,000 years, people have been trying to combine Christianity with an easy life. It isn't possible. They're incompatible. Not only did Jesus not promise us an easy life, He promised us the opposite. When Jesus was walking the dusty roads along the northwestern shore of the Sea of Galilee, his listeners struggled to understand and embrace some of his teachings more than others, but none more than the difficult teaching in John's gospel, Jesus said, "Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. He who eats my flesh and drinks my blood has eternal life, and I will raise him up at the last day."

This is a central moment in Jesus' public life. More than any other teaching, it was the one that his followers and critics alike struggled to get their hearts and minds around. Nothing has changed since then in this regard.

Many of His disciples, when they heard it, said, "This is a hard saying. Who can listen to it?" Notice they didn't say, "Oh, we don't understand," or, "Oh, we don't want to live this teaching." Or, "Can you explain that a little bit more?" They didn't even want to listen to it. They didn't even want to hear it. This is the attitude of today's culture, and not only in relation to matters of faith. The poverty of mind and spirit has descended so low that this is now the attitude of the culture toward objective truths and scientific and biological realities. For thousands of years, a person who refused to acknowledge reality was considered a denialist and mentally ill. Today, you can deny reality and be celebrated as enlightened. Is that not a sign that our culture itself is very sick indeed? Some of the people's reaction to Jesus' Bread of Life Discourse was to abandon Jesus. This is what happened. After this, many of his disciples drew back and no longer went about with him. From the very beginning, the Eucharist has been a lightning rod, a point of contention and division. Notice that Jesus didn't say, "Oh, come back, guys. I was only kidding. Let's talk about it. Maybe I was wrong. Perhaps we can change this teaching. We can work something out. Come on, just come on back."

No. He turned to his disciples just as he turned to you and me today, and he said, "Do you also wish to leave me? Will you flee from Jesus? Or will you remain by his side?"

God wants to feed your soul. He wants to feed you perfectly with Himself. This is the beauty and the power of the Eucharist. Regardless of what we have thought before or believed now, let us ask the Lord to open our hearts, minds, and souls to a deeper understanding of the Eucharist today and with each passing day for the rest of our lives.



### Saint of the Month: St. Joseph



**"YOU ARE THE WIND BENEATH MY FEET."** This secular, popular song, always bring to mind, when hearing it, the parents, mentors, and circumstances that shaped the lives of the superstars and great figures throughout history. It is enlightening to reflect on the good and the bad circumstances that gave them the skills to achieve their greatness. St. Joseph's role as Step-father to Jesus and husband to

Mary is the ideal image of what a father, protector, and mentor portrays. Though Jesus had only one true father, unlike the rest of us that have a spiritual AND a physical father, Jesus still needed the help from this humble servant to achieve his goals.

Joseph's courage and sacrifice to first protect Mary, his betrothed (engaged) young virgin from being shamed and stoned to death, and in keeping Jesus safe from Herod's slaughter of innocent babies, is only the few feats of Joseph.

Joseph has two feast days: March 19 as husband to Mary, and May 1 (May Day-International Workers Day) as patron saint of workers. He is also the patron saint for: the universal church, fathers, pregnant women, travelers, immigrants, craftsmen, engineers, workers in general, and house buyers and sellers.

**A fun tradition:** There is a tradition for sellers to bury a statue of Joseph in the yard, which is supposed to help them sell their house. When the house is sold, the sellers dig up the statue and place it in their new home, so with the help of St. Joseph they will enjoy a happy home. One explanation of this tradition was when some European nuns would bury a medal of St. Joseph on property they wanted to purchase for their convent. The medal was later replaced with a statute. This should not be viewed as a trick or magic, but as a way to bring to mind the intercessory help St. Joseph may provide if you prayerfully ask him. Our parish store and some Realtors have access to this statue kit.

Hopefully, this secular song will help bring to mind those "Mentors" in YOUR life.

*Song "Wind beneath my feet"*  
by Bette Midler YT 4:59



### Prayer for the Faithful by Saint Patrick

Happy St. Patrick's Day,  
March 19<sup>th</sup>

May the Strength of God guide us.  
May the Power of God preserve us.  
May the Wisdom of God instruct us.  
May the Hand of God protect us.  
May the Way of God direct us.  
May the Shield of God defend us.  
May the Angels of God guard us.  
Against the snares of the evil one.  
May Christ be with us!  
May Christ be before us!  
May Christ be in us,  
Christ be over all!  
May Thy Grace, Lord,  
Always be ours,  
This day, O Lord, and forevermore.  
Amen.

Who suggested the use of potato chips instead of bread for communion?..... it was a LAY'S person!

